

Dublin County Athletic Board

Track and Field Programme 2007

Meeting No. 1 April 11th Morton Stadium

Time	Event	Grade
Track		
19.00	100m Women	B
19.05	100m Women	A
19.10	100m Men	C
19.15	100m Men	B
19.20	100m Men	A
19.30	400m Women	B
19.35	400m Women	A
19.45	400m Men	C
19.50	400m Men	B
20.00	400m Men	A
20.10	1500m Women	B
20.15	1500m Women	A
20.20	1500m Men	D
20.25	1500m Men	C
20.30	1500m Men	B
21.40	1500m Men	A

Field

19.00	Hammer Women Hammer Men
19.00	Pole Vault Women Pole Vault Men
19.40	Shot Women Shot Jump Men
19.40	Discus Women Discus Men

All events will commence with Grade B (women) or Grade D (men).

Times shown for events are approximate, these are subject to change on the evening of competition depending on the number of athletes entered.

Dublin Graded and Championship Programme 2007

Date	Venue	Time
11th April	Morton Stadium	7.00pm
25th April	Irishtown Stadium	7.00pm
9th May	Morton Stadium	7.00pm
23rd May	Irishtown Stadium	7.00pm
6th June	Morton Stadium	7.00pm
27th June	Irishtown Stadium	7.00pm
4th July	Morton Stadium	7.00pm
1st August	Morton Stadium	7.00pm

Dublin Open Championships Morton Stadium Saturday June 16th

Championship events:

100metres	Hammer
400metres	High Jump
1500metres	Shot
10000metres	

Each event will be for Senior and Masters,
men and women

The Championships, which are open events
will be held on the Saturday June 16th
at the Morton Stadium,
starting at 7.00 pm

Entry fees will be as follows:

Seniors	10 euro per event
Masters	10 euro per event
Juniors	5 euro per event

Dublin County Athletic Board

Track and Field Programme 2007

Meeting No. 2 25th April Irishtown Stadium

Time	Event	Grade
Track		
19.00	200m Women	B
19.05	200m Women	A
19.10	200m Men	C
19.15	200m Men	B
20.20	200m Men	A
20.25	800m Women	B
20.30	800m Women	A
20.35	800m Men	D
20.40	800m Men	C
20.50	800m Men	B
20.55	800m Men	A
20.05	3000m Development Race Men	
20.20	4x100m Junior Relay	
20.25	3000m Women	A& B
20.35	3000m Men	C
20.50	3000m Men	B
Field		
19.00	Javelin Women Javelin Men	
19.30	High Jump Women High Jump Men	
19.30	Long Jump Women Long Jump Men	

All events will commence with Grade B (women) or Grade D (men).

Times shown for events are approximate, these are subject to change on the evening of competition depending on the number of athletes entered

Dublin County Athletic Board

Track and Field Programme 2007

Meeting No. 3 May 9th Morton Stadium

Time	Event	Grade
Track		
19.00	100m Women	B
19.05	100m Women	A
19.10	100m Men	C
19.15	100m Men	B
19.20	100m Men	A
19.30	400m Women	B
19.35	400m Women	A
19.45	400m Men	C
20.50	400m Men	B
21.00	400m Men	A
20.05	1Mile Development Race Women	
20.10	1Mile Development Race Men	
20.20	1mile Women	B
20.25	1Mile Men	D
20.30	1Mile Men	C
20.35	1Mile Men	B
20.40	1Mile Men	A
Field		
19.00	Hammer Women Hammer Women	
19.00	Pole Women Pole Men	
19.30	Shot Women Shot Vault Men	
19.30	Triple Women Triple Men	

All events will commence with Grade B (women) or Grade D (men).

Times shown for events are approximate, these are subject to change on the evening of competition depending on the number of athletes entered.

Dublin County Athletic Board

Track and Field Programme 2007

Championship Meeting Saturday June 16th Morton Stadium

All events are open Dublin County Championships

Time	Event
Track	
19.00	1500m Women
19.25	1500m Men
20.00	100m Women
20.10	100m Men
20.25	400m Women
20.50	400m Men
Field	
19.00	Hammer Women Hammer Men
19.20	High Jump Women High Jump Men
19.30	Shot Women Shot Men

Dublin County Athletic Board

Track and Field Programme 2007

Meeting No. 4 23rd May Irishtown Stadium

Time	Event	Grade
Track		
19.00	200m Women	B
19.10	200m Development Race Women	
19.15	200m Men	C
19.20	200m Men	B
19.25	200m Development Race Men	
19.30	800m Women	B
19.35	800m Women	A
19.40	800m Men	D
19.50	800m Men	C
19.55	800m Men	B
20.00	800m Men	A
20.10	5000m Women	A + B
20.30	5000m Men	C
20.50	5000m Men	A + B
Field		
19.00	Javelin Women Javelin Men	
19.20	Long Jump Women Long Jump Men	
19.50	High Jump Women High Jump Men	

All events will commence with Grade B (women) or Grade D (men).

The times shown for the events are approximate, these are subject to change on the evening of competition depending on the numbers entered.

Dublin County Athletic Board

Track and Field Programme 2007

Meeting No. 5 June 6th Morton Stadium

Time	Event	Grade
Track		
19.00	100m Women	B
19.05	100m Development Race Women	
19.10	100m Men	C
19.15	100m Men	B
19.20	100m Development Race Men	
19.30	400m Women	B
19.35	400m Women	A
19.45	400m Men	C
19.50	400m Men	B
19.55	400m Men	A
20.00	1500m Development Race Women	
20.05	1500m Development race Men	
20.15	1500m Women	B
20.20	1500m Men	D
20.25	1500m Men	C
20.35	1500m Men	B
20.40	1500m Men	A
Field		
19.00	Hammer Women Hammer Men	
19.00	Pole Vault Women Pole Vault Men	
19.20	Shot Women Shot Men	
19.30	Discus Women	
19.30	Discus Men	

All events will commence with Grade B (women) or Grade D (men).

Times shown for events are approximate, these are subject to change on the evening of competition depending on the number of athletes entered.

Dublin County Athletic Board

Track and Field Programme 2007

Meeting No. 6 June 27th Irishtown Stadium

Time	Event	Grade
Track		
19.00	200m Women	B
19.05	200m Women	A
19.10	200m Men	C
19.15	200m Men	B
19.20	200m Men	A
19.22	800m Women	B
19.25	800m Women	A
19.30	800m Men	D
19.40	800m Men	C
20.50	800m Men	B
20.00	800m Women Development Race	
20.10	800m Men Development Race	
20.20	800m men	A
20.25	3000m Women	A + B
20.40	3000m Men	C
21.50	3000m Men	B
21.00	3000m Men	A
Field		
19.20	Long Jump Women Long Jump Men	
19.30	Javelin Women Javelin Men	
19.50	High Jump Women High Jump Men	

All events will commence with Grade B (women) or Grade D (men).

Times shown for events are approximate, these are subject to change on the evening of competition depending on the number of athletes entered.

Dublin County Athletic Board

Track and Field Programme 2007

Meeting No. 7 July 4th Morton Stadium

Time Track	Event	Grade
19.00	100m Women	B
19.05	100m Women	A
19.10	100m Men	C
19.15	100m Men	B
19.20	100m Men	A
19.30	400m Women	B
	400m Women	A
19.35	400m Development Race Women	
19.40	400m Men	C
19.50	400m Men	B
	400 metres	A
19.55	400m Development Race Men	
20.10	5000m Development Race Men	
20.30	1Mile Women	B
20.35	1Mile Women	A
20.45	1Mile Men	D
20.50	1Mile Men	C
20.55	1Mile Men	B
21.05	1Mile Men	A

Field

19.00	Pole Vault Women Pole Vault Men
19.00	Shot Women Shot Men
19.30	Triple Jump Women Triple Jump Men
19.45	Discus Women Discus Men

All events will commence with Grade B (women) or Grade D (men)

Times shown for events are approximate, these are subject to change on the evening of competition depending on the number of athletes entered

Dublin County Athletic Board

Track and Field Programme 2007

Meeting No. 8 August 1st Morton Stadium

Time	Event	Grade
Track		
19.00	200m Women	B
19.05	200m Women	A
19.10	200m Men	C
19.15	200m Men	B
19.20	200m Men	A
19.25	800m Women	B
19.30	800m Women	A
19.40	800m men	D
19.45	800m Men	C
20.50	800m Men	B
20.00	800m Men	A
20.15	3000 Women	A&B
20.25	3000 Men	C
20.35	3000 Men	B
20.40	3000 Men	A
Field		
19.00	High Jump Women High Jump Men	
19.30	Javelin Women Javelin Men	
19.30	Triple Jump Women Triple Jump Men	

All events will commence with Grade B (women) or Grade D (men)

Times shown for events are approximate, these are subject to change on the evening of competition depending on the number of athletes entered for the events.

Dublin County Athletic Board

Track and Field Programme 2007

Rules of Competition

A condition of your entry being accepted by the Dublin County Athletic Board is that at all times you will abide by the rules applicable to the Graded series.

1. All clubs will provide at LEAST TWO OFFICIALS for the duration of each meeting. failure to comply with this rule may result in that clubs athletes not being allowed to compete in the next meeting. All officials must check in at the registration room.
2. Entry forms must be fully completed. Athletes returning incomplete forms may be graded 'A'
3. Entries without registration numbers and fees will not be excepted.
4. CLUB COLOURS MUST BE WORN IN ALL GRADED AND CHAMPIONSHIP COMPETITION. Competitors who enter for the series should retain their number throughout the series. (replacement numbers will be provided at a cost). One night numbers must not be worn for a second meeting.
5. Athletes must check in at least 30 minutes before event start time. Check-in involves filling in your number, name and club on the event card provided for your event. If you are not listed on the event card you will not be entered for the event.
6. Athletes may only compete in events they have entered for and received a grading.
7. Events will be run in grade order starting with grade 'D'. Women will compete before men.
8. Additional events, i.e. relays, hurdles. or special events will be included in any meeting if a request is made to the Competition Secretary 24 hours before meeting start time.
9. The organisers may , at their own discretion bring forward the start time of any event.
10. In the interest of safety, those throwing the hammer must be capable of at least one turn.
11. Athletes from outside Dublin must be registered with A.A.I and must produce a registration card.
12. Electronic time keeping will be provided at each meeting